



WHILE YOU WERE SMOKING...

Your daughter turned around to wave goodbye as she boarded the bus back to school.

Don't miss life's *special* moments.

Enroll in the Quit For Life® Program, and don't miss another moment. It's free. It's confidential. It works.

1.888.275.1205 (select option 3) | **www.KansasHealthQuest.com**

The tobacco cessation program is provided at no cost to you and addresses all forms of tobacco.

Who is eligible to participate?

Benefits eligible state and non-state employees who are enrolled in the state employee health plan or who have waived coverage in the plan.

Retirees, spouses and dependents 18 years or older who enrolled in the state employee health plan.

